

Employee Newsletter



Edgecombe County

March 2008

Important Dates Commissioners' Meeting

April 7th 2:00 PM

"Biggest Loser" Weigh-in
April 17th

Administrative
Professionals Day
April 23rd

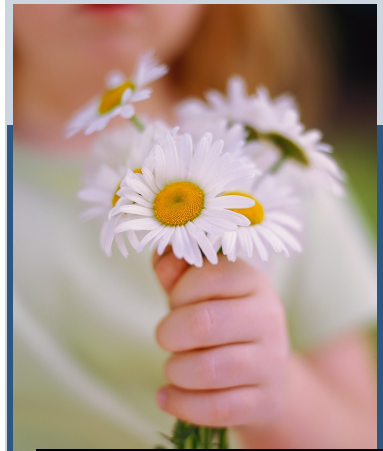
April is National Public
Health Month

From the County Manager

On Tuesday, March 25th, Senator Richard Burr and Congressman G.K. Butterfield joined us as we celebrated the opening of the new Water Operations Facility located on McNair Road, recognized the start of construction in water district 5, and did a check signing for funding to build a new evidence storage facility for the Sheriff. This was a momentous occasions in many ways.

First, it highlights the hard work and cooperation of staff across many departments. I am proud that our departments don't work in isolation, because for anything worthwhile to happen, we must work together. Secondly,

it showed the partnerships we have developed with state and federal agencies, as well as with our legislative delegation. Finally, I think it really shows progress in Edgecombe County when some would think progress is not possible. We are all too often reminded of our declining population, high unemployment and low tax base. However, this ceremony reminded me that, though we may have to worker harder than others, we can make progress in our county.



Quotes on Spring

"Spring is nature's way of saying 'let's party'"
Robin Williams

"April hath put a spirit of youth in everything."
William Shakespeare

"The day the Lord created hope was probably the same day he created spring." Bern Williams

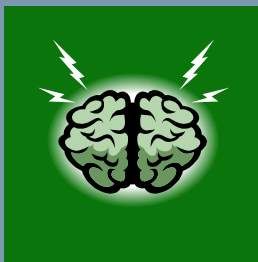
"If we had no winter, the spring would not seem as pleasant." Anne Bradstreet

April is National Public Health Month. The emphasis this year is "Climate Change: Our Health in the Balance." **DID YOU KNOW** people born today, on average, have a life expectancy about twice that of folks just over a century ago? Most of the additional years have been gained by healthful environmental changes – including improved sanitation, purified water, cleaner air, the safer use of chemicals in our homes, gardens, factories and offices, and the restriction or elimination of unsafe practices. **Here are 5 simple things you can do to lower your exposure to environmental risks.**

1. **USE LESS HOT WATER** – It takes a lot of energy to heat water. Install low-flow shower heads and faucets; wash your clothes in warm or cold water.
2. **BE GREEN WHEN WASHING YOUR CAR** – Hand wash your car on your lawn or choose a carwash that recycles its water.
3. **BUY LOCALLY GROWN AND PRODUCED FOODS** – The average meal travels 1,200 miles from the farm to your plate; buying locally saves fuel and supports the local economy.
4. **CREATE A COMMUNITY PARK OR GARDEN** – It's a great way to clean up your neighborhood and to make friends.
5. **KEEP DUST MITES AND ALLERGENS TO A MINIMUM** - Clean regularly; wash bedding materials and area rugs in hot water.

Provided by Jenny Newton, Health Promotion Coordinator, Health Department





Brain Teaser

Name four, four letter words using the four letters EANM, using all four letters in each of the four words.

Answers on the website on the "Employee Information and Downloads" page
www.edgecombecountync.gov

DSS Employee **Beverly Clark** has requested shared leave. For more information or to donate leave, contact Carolyn Hedgepeth at 641-7832

The Biggest Loser Weigh-in will be held on Thursday, April 17th between 8:00 and 5:00 at the Health Department, Tarboro

Join **Keep America Beautiful's Great American Cleanup** at Riverfront Park in Tarboro Saturday April 19th at 8:00 AM For more information call Cornelia McGee-Anthony, KAB Coordinator at (252) 972-1327

The **Water Department** has moved from room 149 **to room 105** (formerly the office of USDA-Rural Development), still in the County Administration Building

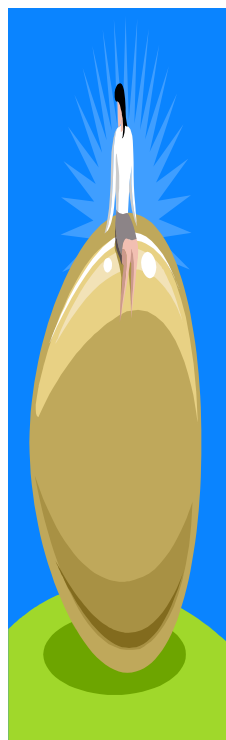
Administrative Professionals Day Celebration

April 23rd

Call JoBeth Garris to register at 823-7241

Got Recipes?

In celebration of the NC Association's first centennial, they are creating a cookbook to feature three fabulous recipes from each of the 100 counties in the state and a commemorative poster that depicts all 100 county seals. To support Edgecombe County's contribution to the cookbook, we are asking your help in submitting recipes for the project. If you have family recipes that you would like to share in this centennial cookbook, please let Carolyn Hedgepeth know, and she will send you the required forms.



Make Your IRA Contributions ASAP!!

Not only is April 15 tax day, it's also the deadline to make deposits into an individual retirement account (IRA) to apply toward the 2007 calendar year. If you're interested in maximizing your contribution and haven't already done so, now is the time. Local Government Federal Credit Union (LGFCU) offers a variety of options for IRAs, including:

Traditional IRA

All wage earners are eligible regardless of current participation in an employer-sponsored retirement program. Some Traditional IRA contributions may qualify as tax deductions, and the earnings on contributions (both deductible and non-deductible) grow tax-deferred. Upon reaching the appropriate age for withdrawal, which is 70 $\frac{1}{2}$, distributions from a Traditional IRA are subject to income tax. At LGFCU, traditional IRAs have no annual maintenance fees and cost only \$25 to open.

Roth IRA

With a Roth IRA, you cannot deduct contributions, but all qualified distributions are tax-free and the funds deposited are after-tax dollars. Because the contributions are not tax-deductible, they may be withdrawn tax-free at any time. Like the Traditional IRA, Roth IRAs at LGFCU have no annual fees and cost only \$25 to open.

Coverdell Education Savings Account (CESA)

This account helps members save for educational expenses, including elementary, secondary and higher education. You can save for your children, grandchildren or other children in your life. Accounts are established in the name of a designated beneficiary and are made with after-tax dollars. Just like the other IRAs, CESAs have no annual fees and cost only \$25 to open.

For further information on any of these accounts, don't hesitate to give LGFCU a call at 800.344.4846. And don't forget, April 15 is the contribution deadline for 2007 tax deductions!

Article Taken from the LGFCU March Newsletter - Submitted by Carolyn Hedgepeth.